



Memory Café at Sunrise Hunter Mill

In collaboration with Insight Memory Care

Wednesday, October 25 from 02:00 p.m. - 05:00 p.m.

The café is an opportunity for caregivers & their loved one with mild cognitive impairment or in the early to mid-stage of their dementia journey to meet with others for support, companionship, & fun! The program provides structured activities to promote reminiscence, cognition & engagement.

There is also time to share in conversation and get to know others in a safe, supportive environment. RSVP by calling 703-255-1006.

Sunrise of Hunter Mill

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HUNTER MILL