

TIME	EVENT
9:00 a.m.	<p><b>COFFEE &amp; THE POST</b></p> <p>Come chat about interesting articles in the news while we enjoy our morning coffee or tea.</p>
9:30 a.m.	<p><b>STANDING YOGA CLASS</b></p> <p>Increase your flexibility and overall well-being with gentle yoga poses.</p>
10:30 a.m.	<p><b>WHOLE FOODS OUTING</b></p> <p>Meet in the lobby with your bags and grocery list.</p>
11:00 a.m.	<p><b>OPEN ART STUDIO</b></p> <p>Choose your medium and create a masterpiece.</p>
2:00 p.m.	<p><b>PRESIDENTIAL HISTORY</b></p> <p>Join resident John Allen, our own professor of American history, for a lecture on the impact of our founding fathers.</p>
3:30 p.m.	<p><b>WINE &amp; CHARCUTERIE SOCIAL WITH CLASSICAL MUSIC APPRECIATION</b></p> <p>Music lovers will enjoy hearing a string quartet from the School of Performing Arts while enjoying a selection of wine and charcuterie.</p>
4:30 p.m.	<p><b>BOOK CLUB</b></p> <p>Come discuss the current best seller with like-minded book lovers.</p>
5:30 p.m.	<p><b>DINNER AND A SHOW OUTING</b></p> <p>Enjoy an evening at our local theater as we take in a meal and musical.</p>
6:30 p.m.	<p><b>POKER CLUB</b></p> <p>Bring your poker face and see who has the luck of the draw.</p>
8:00 p.m.	<p><b>COMEDY MOVIE NIGHT</b></p> <p>Take in an evening showing of this year's number one comedy.</p>