

SAMPLE ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02	03	04	05	06	07
9:15 a.m. Church Run	10:00 a.m. Hospital Shuttle	9:15 a.m. Medical Runs	10:00 a.m. Union Square Famers Market	9:15 a.m. Medical Runs	10:00 a.m. Shoprite	9:30 a.m. Synagogue Run
10:30 a.m. Boost Your Brain Word Works with Bonnie	10:30 a.m. Yoga for All with Whitney	10:30 a.m. Aesthetic Athletics Dance Class with Rachael	10:30 a.m. Skyscraper Museum with Lydia	10:30 a.m. Boost Your Brain Word Works with Bonnie	11:00 a.m. Move with Joy & Ease with Jamie	10:30 a.m. Elevate Your Fitness Journey with Larry
11:00 a.m. Rachael Kosch Dancers perform Fawn on the Lawn	11:30 a.m. Clay Works with Judy!	10:30 a.m. Scattergories with Bonnie	11:00 a.m. Wise Aging with Dr. Rabbi Levine	11:45 a.m. Poetry with Lydia	1:00 p.m. Trader Joe's	1:00 p.m. Scrabble with volunteers
12:30 p.m. Ballet Hispanico at City Center with Whitney	1:30 p.m. Brian Rose: Meet the Residents Series is back!	12:30 p.m. Life Story Memoir Class. Resident Run today.	1:00 p.m. Local Shuttle	1:00 p.m. Medical Runs	2:00 p.m. Dog visits with Kelly and Teddy!	2:00 p.m. Jazz concert with Gary Negbaur!
2:00 p.m. Concert with Nina David and singers	3:15 p.m. NY Historical Lectures	1:00 p.m. Medical Runs	3:15 p.m. Figure Drawing with Model and Lydia	1:30 p.m. Horticulture with Sallie	2:30 p.m. Fashion and Art Film & Discussion with Lydia	3:30 p.m. Doug Brin - The 1950's in Film
3:30 p.m. Scattergories with Bonnie and Stephanie	4:00 p.m. Tech class with Kishi from Stuyvesant	3:15 p.m. Classical Book Club with Eleanor	3:30 p.m. Friends and Family Happy Hour with Greg Berger Jazz Trio	3:45 p.m. No art class today with the Stuyvesant students	4:00 p.m. Shabbat with Rabbi Glass	4:00 p.m. Knitting with Lydia
7:30 p.m. Film: Blazing Saddles	7:30 p.m. Evening Film: Willy Wonka and the Chocolate Factory	7:30 p.m. Evening Film: I'm Still Here	7:30 p.m. Evening Film: The Life and Death of Marsh P. Johnson	7:30 p.m. Current Issues in the News with Rhoda	7:30 p.m. Evening Film: Nonnas	7:30 p.m. Evening Film: Disclosure