

#### COVID-19 (novel coronavirus) Response

#### National Update – August 21, 2020

Since the beginning of the COVID-19 pandemic, Sunrise has diligently implemented infection control and social distancing protocols in accordance with public health official guidelines while continuing to provide personalized, quality care and support to our residents. Upon meeting certain criteria, Sunrise communities across the country are moving into Phase One of our Resumption of Operations plan. This is providing residents with more opportunities to spend time outside of their suites and to interact with loved ones.

Today, we're pleased to share information on Phase Two of our plan, in which residents may enjoy additional community resources and common areas. For an overview on Sunrise's approach to Phased Resumption of Operations, please refer to the infographic attached to this letter. Note that our ability to implement these activities is subject to requirements established by local governments and public health officials.

As communities gradually resume operations, please know that our teams are doing so carefully, while keeping essential infection control measures in place, including:

- Limiting the size of activities and maximizing social distancing between each participant
- Ensuring residents and visiting loved ones (if applicable) wear masks and wash or sanitize their hands when participating in activities
- Sanitizing hard surfaces and high-touch areas after each meal or activity

While we are pleased to roll out the next phase of our plan, it is important to remember that things can change quickly in our current environment, which may impact our operations. If this occurs, you will be promptly notified by your community team.

As always, we want to thank you for your support and encourage suggestions and feedback on how we can best support you and your loved ones.

# Our COVID-19 Community Measures PHASED PLAN FOR RESUMPTION OF OPERATIONS

We work every day to provide a safe, comfortable and engaging home. While this home may look a bit different during the COVID-19 pandemic, we've consulted with a number of clinical and infectious disease specialists, among others, the CDC, WHO and CMS to design a plan to help our residents and families enjoy all they love about life at Sunrise.

#### **RESTRICTED OPERATIONS**

Personalized support as residents selfguarantine in their suites including inroom dining and activities.



### **GATING CRITERIA**

Data-driven gating criteria established to guide when communities are ready to move into Phased Resumption:

- State/provincial & local area assisted living restrictions,
- 14 consecutive days with 0 active confirmed cases of COVID-19,
- Sufficient PPE, cleaning supplies and staffing to support expanded operations.



## **MOVE TO PHASED** RESUMPTION

Changes to operations will be made carefully and cautiously with continued focus on infection control measures.

# **AVAILABLE ACTIVITIES FOR RESIDENTS**

Open Bistros for

snacks and visits

PHASE 1

PHASE 2

in the community

common areas

Resident socialization with

appropriate measures

including masks



Socially distanced dining Small group programming

Scheduled socially distanced visitation with friends & families in a designated outdoor space

Socially distanced scenic

van rides





Outdoor activities to enjoy fresh air

Scheduled appointments with our in-house hair stylist

Community amenity

spaces such as library,

game room and gyms



Expanded small group programming offerings, including resident-led and clergy groups



NOTE: Each community's specific Phase 1 and 2 plans may vary slightly based on local area restrictions and factors, such as the community's size. We will continue to monitor new information on COVID-19 as well as any impact the pandemic has on our communities as we consider future plans. Should we see a change in the virus or an increase in cases, we will pause our efforts, resume Restricted Operations protocols and evaluate next steps.

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