

TIME	EVENT
9:00 a.m.	<b>COFFEE &amp; THE POST</b> Come chat about interesting articles in the news while we enjoy our morning coffee or tea.
9:30 a.m.	<b>STANDING YOGA CLASS</b> Increase your flexibility and overall well-being with gentle yoga poses.
10:30 a.m.	<b>WHOLE FOODS OUTING</b> Meet in the lobby with your bags and grocery list.
11:00 a.m.	<b>OPEN ART STUDIO</b> Choose your medium and create a masterpiece.
2:00 p.m.	<b>PRESIDENTIAL HISTORY</b> Join resident John Allen, our own professor of American history, for a lecture on the impact of our founding fathers.
3:30 p.m.	<b>WINE &amp; CHARCUTERIE SOCIAL WITH CLASSICAL MUSIC APPRECIATION</b> Music lovers will enjoy hearing a string quartet from the School of Performing Arts while enjoying a selection of wine and charcuterie.
4:30 p.m.	<b>BOOK CLUB</b> Come discuss the current best seller with like-minded book lovers.
5:30 p.m.	<b>DINNER AND A SHOW OUTING</b> Enjoy an evening at our local theater as we take in a meal and musical.
6:30 p.m.	<b>POKER CLUB</b> Bring your poker face and see who has the luck of the draw.
8:00 p.m.	<b>COMEDY MOVIE NIGHT</b> Take in an evening showing of this year's number one comedy.